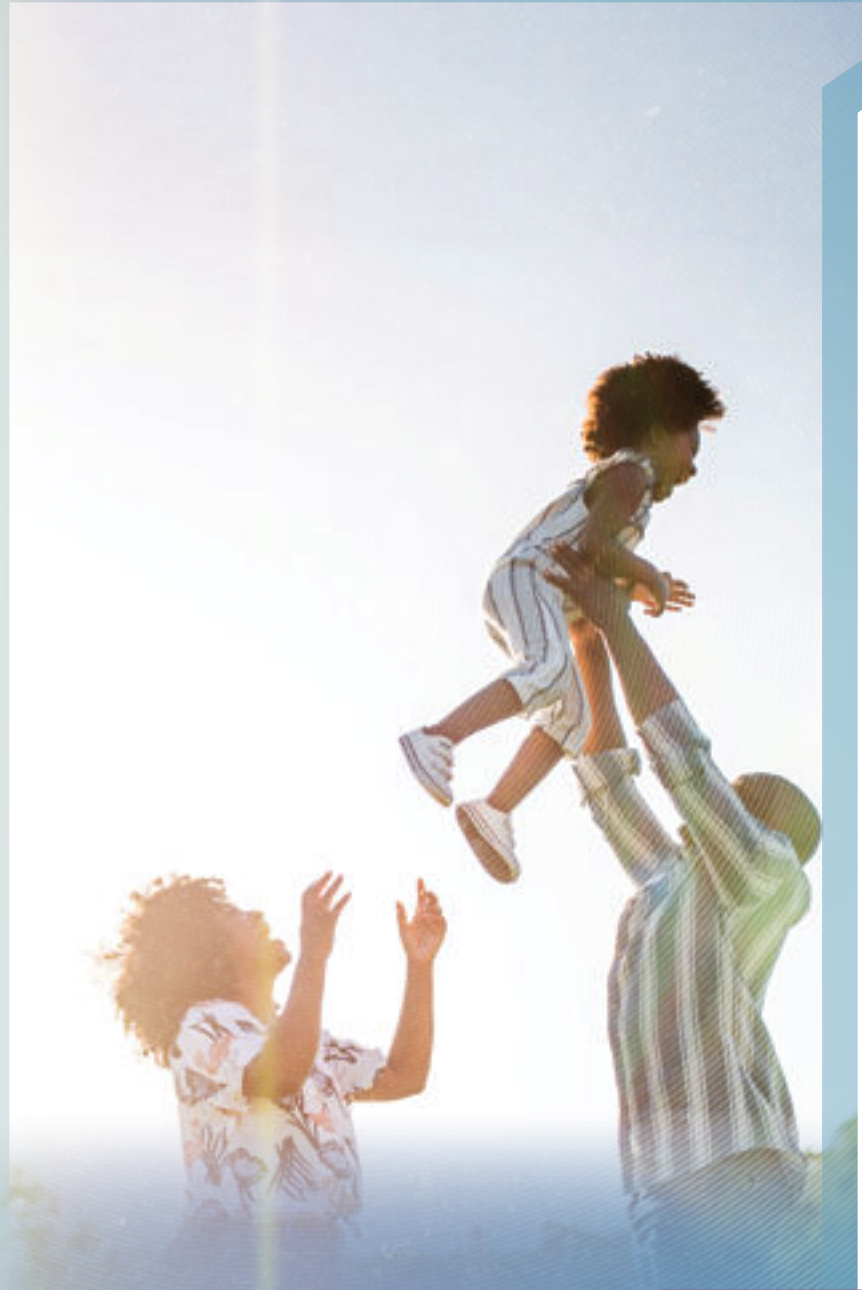


20 22

Annual Report

*Embrace the
Difference*





EMBRACE  *the Difference*

CarePlus NJ Annual Report 45th Anniversary Edition



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Brigitte Johnson, Esq.

Executive Senior Vice President

Don Gorsica

Chief Financial Officer

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Medical Director

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Consultation & Education

Amie Del Sordo, LCSW

Senior Vice President,
Hospital & Community Services

Laura Del Tufo, LMFT, LPC, ACS

Senior Vice President,
Finance & Administration

Nicole McQuillen, LCSW

Senior Vice President,
Children & Family Services

Ann Marie Zihal, LMFT, LPC, ACS

Senior Vice President,
Clinical Services

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Community Reintegration

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Human Resources

Lorraine Gehrig-Mullins, LCSW

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School-Based Services

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Message from the CEO

They say the only constant in life is change. As I reflect on the 45-year history of this organization and its evolution, I see more than ample evidence in support of that familiar adage. But while change is undeniably a constant, it isn't the only one woven through every chapter of the **CarePlus NJ** story to date. There has also been an unwavering commitment to embracing the differences that make people, families, communities, and their healthcare needs unique: and a history of doing so with empathy, compassion, and professionalism.

Since its inception as the **Mid-Bergen Community Mental Health Center** in 1978, this agency has been deeply involved in significant changes that have, in many ways, transformed the way we understand and deliver behavioral healthcare – in northern New Jersey and across the country.

We have marked several milestones over the last four and a half decades, none of which would have been achieved without a sustained focus on acknowledging and embracing the differences that are inevitable by-products of growth, and applying the lessons learned to develop more comprehensive and effective models of integrated care. These milestones include earning designations as a **Community Mental Health Center**, the **SAMHSA Primary Behavioral Health Care Integration, Joint Commission Behavioral Health Home** certification, and **Certified Community Behavioral Health Clinic**.

Embracing the difference was instrumental in the formation of an innovative partnership with **Integrity, Inc.** and the **Rutgers New Jersey Medical School**, through which **CarePlus NJ** formed a standalone non-profit management entity "**CarePlus Bergen**" to take



over management of the state's largest public hospital, now known as **Bergen New Bridge Medical Center**. It has also enabled us to become a leading provider of school-based services in districts throughout northern New Jersey and establish **Paradigm Therapeutic Day School** for kids who benefit from a more emotionally supportive environment.

As this annual report illustrates, the next generation of leadership remains entirely focused on embracing the differences that abound in our diverse, dynamic communities, both inside and outside the organization, providing the highest level of integrated care and services. Under their stewardship and with your continued support, **CarePlus NJ** will continue to evolve in concert with the unique needs of the people, families, and communities we are privileged to serve.

A JOURNEY THROUGH



Became a **National Institute of Mental Health** grantee to deliver high-quality service to those with serious and persistent mental illness.



Developed the **Psychiatric Emergency Screening Program** for Bergen County, which provides 24/7 crisis intervention and screening services.

1978

CarePlus NJ, Inc. was established as **Mid-Bergen Community Mental Health Center** to provide "high-quality, low cost" mental health services.



1978-1981

1988

1990-1995

Began specialized programming for dually diagnosed individuals suffering from substance abuse and mental illness.





Merged with the **Fair Lawn Mental Health Center** to expand geographic reach and children's services under the umbrella of the newly named **CarePlus NJ, Inc. CarePlus Foundation** formed.



Merged with the **Mental Health Resource Center of Montclair**, expanding and establishing an outpatient presence in Essex County.

1998**2001****2002****2006–2007**

Services for children and youth grew significantly with the addition of the statewide **Adoption House** program and the designation as the **Children's Mobile Response and Stabilization System** in Bergen County.



A new social enterprise, **CarePlus Workforce Solutions**, was incorporated to employ individuals with mental and physical disabilities.





CarePlus NJ was one of 13 organizations selected nationally by the **Substance Abuse and Mental Health Services Administration (SAMHSA)** as part of the first cohort to receive four-year funding for **Integrated Primary and Behavioral Health Care Services**.

2009



Designated as one of only seven **Certified Community Behavioral Health Clinics** in New Jersey to provide integrated, holistic care through the CCBHC demonstration project launch.

2017

2016

Played an integral role in the Bergen County accomplishments of ending veteran homelessness and chronic homelessness in conjunction with the **Bergen County Housing, Health, and Human Services Center**.





Opened **Paradigm Therapeutic Day School**, a **New Jersey Department of Education**-approved private school for students ages 12-21.



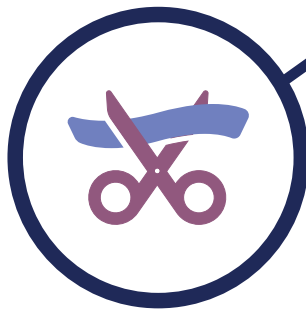
President, CEO, and **CarePlus NJ** Founder **Joe Masciandaro** retires from the organization after more than four decades of leadership. **Brigitte Johnson, Esq.**, in-house counsel and Executive Senior Vice President, is selected to serve as our new CEO and President.

2018

2020

2022

CarePlus NJ and **NJ First Lady Tammy Murphy** celebrate ribbon-cutting ceremony to commemorate the opening of its **Maternal and Family Health Center**.



Message from the Incoming CEO

I joined **CarePlus NJ** in 1998 because I felt a strong connection to the mission of helping individuals and families achieve their full potential and improve the quality of their lives. My passion for the work we do and the communities we serve has only grown stronger over the years.

I extend my gratitude to Joe for his steadfast leadership, mentorship, and friendship over the years, and remain committed to building upon his legacy as we advance our mission and expand our reach into the communities we serve and beyond. Throughout our 45-year tenure as a community mental health center, we have pioneered and set new standards for integrated care that address the mental health challenges, addiction, and psychiatric crises experienced by our community members. The need for our services has never been greater.

Today, the post-pandemic world has left many struggling and in crisis. The work of our staff truly changes and saves lives. Their tireless dedication makes a difference. The difference between hope and defeat and health and illness for more than 14,000 individuals annually, each facing their own obstacles but determined to overcome them. Each individual we serve has their own unique circumstance and struggle. Together, we aim to recognize and embrace the difference. Through comprehensive treatments that address each individual's unique risk factors and illness, our integrated approach supports wellness and recovery with the most effective level of care in the least restrictive environment.



As we look to the future, we will continue to address health disparities with innovative solutions, compassion, and understanding to achieve health equity for those we serve and work alongside. We will fiercely advocate for diversity, equity, and inclusion for our staff, the adults, and children we serve and our communities. Together, we will embrace the difference.

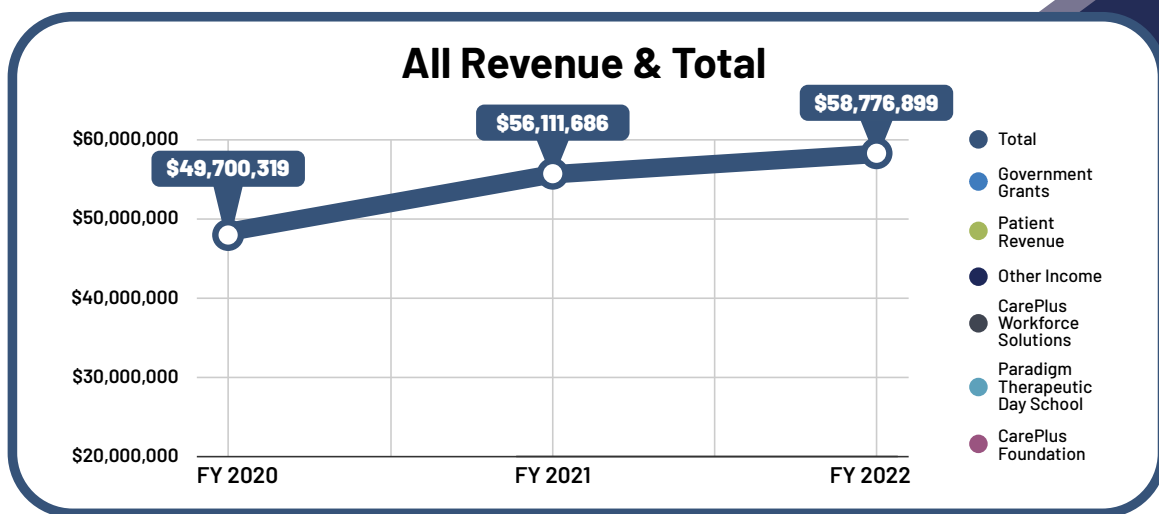
Brigitte Johnson, Esq.

Executive Senior Vice President

Corporate Report

For more than 45 years, **CarePlus NJ** has been a pioneer in integrated primary and behavioral health services for adults and children in northern New Jersey. Since our inception, we have embraced the differences that have resulted from the growth and evolution of the communities we serve, the changes that continuously reshape our society, and the technologies that impact every aspect of our lives. We remain committed to embracing those differences, leveraging those technologies, and providing the most comprehensive, integrated treatment options through 80+ programs designed to meet the full spectrum of health and wellness needs for adults and children in all the communities we serve – including the most vulnerable among us.

REVENUE

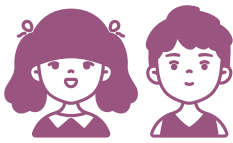


	FY 2020	FY 2021	FY 2022
Government Grants	20,352,747	22,001,705	25,648,674
Patient Revenue	18,659,532	19,400,742	23,892,451
Other Income	1,372,937	7,655,703	1,940,239
CarePlus Foundation	347,403	548,069	297,111
CarePlus Workforce Solutions	7,098,588	4,596,758	4,963,949
Paradigm Therapeutic Day School	1,869,112	1,908,709	2,034,475
	49,700,319	56,111,686	58,776,899

Corporate Report

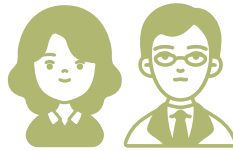
INDIVIDUALS SERVED ACROSS ALL PROGRAMS

14,718 Individuals



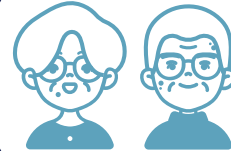
5,720

Individuals
Ages 0-17



8,246

Individuals
Ages 18-64



752

Individuals
Ages 65+



80+

Number of
Programs

221,990

Services Rendered
Across All Programs

HEALTHCARE HEROES

192

Non-Union
Employees

247

Union
Employees

101

Per Diem
Employees

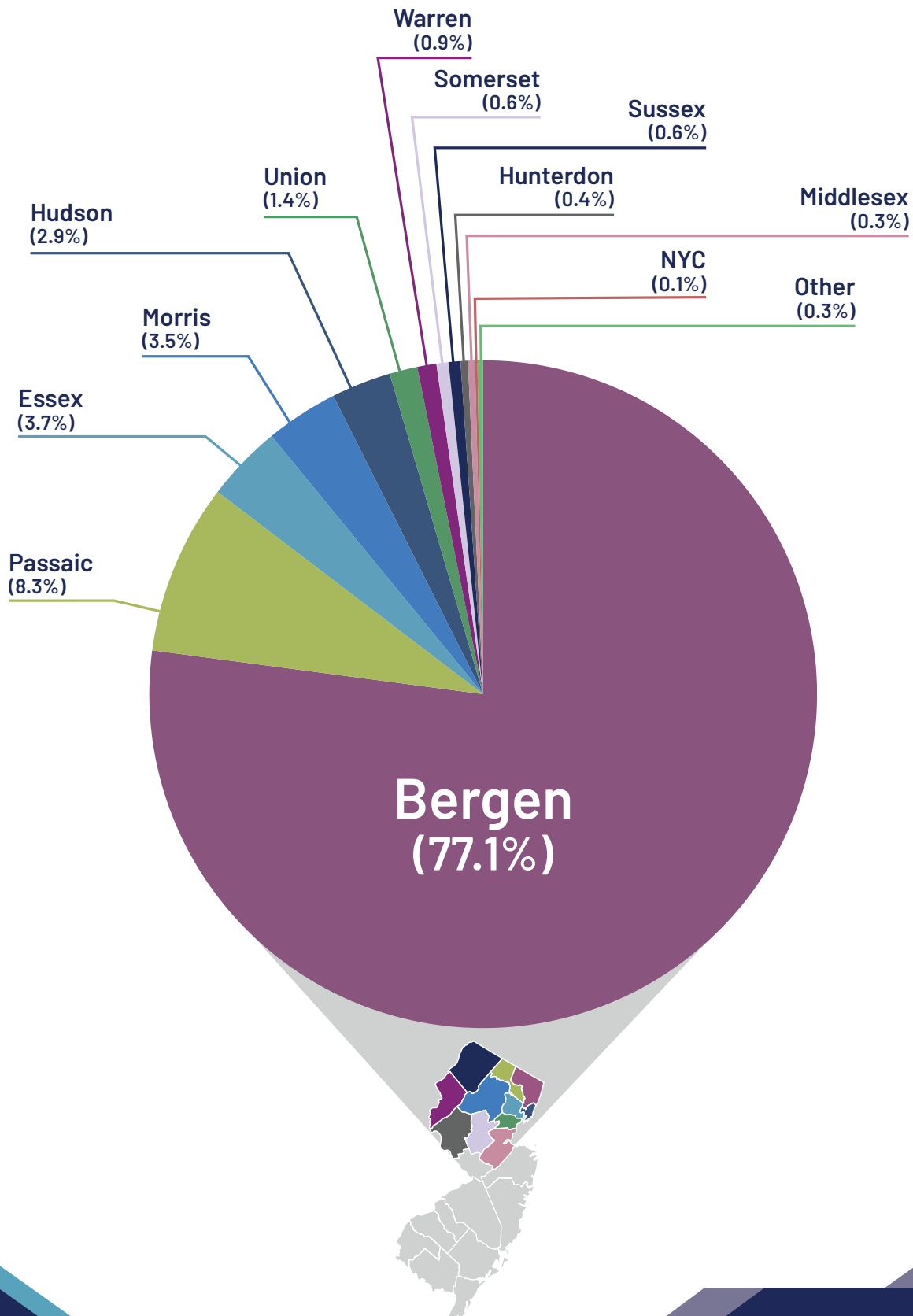
540 Total Employees

243 Licensed Professionals



Corporate Report

INDIVIDUALS SERVED BY COUNTY



Clinical Services

With an emphasis on outpatient treatment for serious mental illness, substance use disorder, serious emotional disturbance, and veteran support, the **Clinical Services Division** provides therapeutic and psychiatric support with a focus on evidence-based and inclusive care.

CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINIC (CCBHC)

We provide mental health and addiction recovery services designed to improve quality of life, encompassing the various levels of support needed for individuals and families seeking wellness and recovery.

The goal of the initial appointment is to assess and provide the most appropriate level of care and support by matching skilled clinicians to meet the needs of the individual and/or family. Our programs offer flexibility in scheduling appointments, in-person or via telehealth, and provide seamless access to additional social support.

CCBHC'S COMMUNITY IMPACT



49,657

CCBHC Count of Services Rendered

3,372

Individuals Served Through CCBHC



327

Individuals Ages 0-11
(9.70%)



778

Individuals Ages 12-17
(23.07%)



2,145

Individuals Ages 18-64
(63.61%)



122

Individuals Ages 65+
(3.62%)

DIALECTICAL BEHAVIORAL THERAPY (DBT)

In April 2021, **CarePlus NJ** introduced a six-month **DBT Skills Training Program**. The program addresses common behaviors associated with various diagnoses, such as anxiety, depression, OCD, borderline personality disorder, chronic suicidality, and eating disorders. DBT aims to reduce hospitalizations, self-harm, improve emotion regulation, and enhance interpersonal relationships. DBT programs serve two groups: **Adolescents (13-17) and their Caregivers, and Adults (18+)**. Participants have found these programs highly successful:



Symptom Improvement:

82% reported their problems improved



Reduction in Self-Harm:

All self-harming participants reported decreased behaviors



Consistent Use of Skills:

91% used skills several days a week or more



Healthier Coping Strategies:

82% felt they were using healthier coping strategies



Recommended Program:

All respondents would recommend the program



Average Program Rating:

Participants rated their experience 4.1 out of 5

Clinical Services

MATERNAL AND FAMILY CENTER

1 in 5 women and 3 in 5 women of color experience perinatal mental health changes. **The Maternal and Family Center**, established in 2020, is staffed by certified experts from **Postpartum Support International**, catering to individuals and families in various perinatal stages, including teens and young adults. **The Maternal and Family Center** provides comprehensive, evidence-based services, trauma-informed care, and compassionate addiction treatment, addressing perinatal mental health and family needs.



Addiction Recovery Services

Addiction profoundly affects individuals and loved ones. Our evidence-based recovery services cater to diverse needs across one's recovery journey, offering ambulatory detox, medication-assisted treatment, intensive outpatient programs, therapy, and prevention services. We serve our community, including pregnant/postpartum women, family members, and treatment providers. Our **Addiction Recovery Programs** supported **924 individuals**.

MATERNAL WRAPAROUND PROGRAM

CarePlus NJ was awarded the **Maternal Wraparound Program** grant for Bergen and Passaic Counties by the **Division of Mental Health and Addiction Services (DMHAS)**. This annual award of **\$386,000** is allocated for the creation of intensive case management and recovery support services tailored to pregnant and postpartum women dealing with substance use disorder.

OPIATE PROVIDER THERAPEUTIC INDIVIDUALIZED CARE SERVICES

A vital pandemic lesson was appreciating and aiding our frontline "healthcare heroes." In response, **CarePlus NJ** received a one-year **\$250,000** grant from DMHAS for **Opiate Provider Therapeutic Individualized Care Services**, enabling **CarePlus NJ** clinicians to offer clinical care, education, and support to **150 addiction recovery professionals** statewide.

THE FAMILY SUPPORT CENTER

Family support is pivotal in addiction treatment success. Our **Family Support Center** employs the evidence-based **Community Reinforcement and Family Training** method to equip families with tools to guide their loved ones toward recovery. We connected with **75 family members** across northern New Jersey, aiming to improve access to **Opioid Use Disorder** services and reduce unmet treatment needs and opioid overdose-related deaths.

RECOVERY & INDIVIDUALIZED SUPPORT EXPANSION (RISE)

CarePlus NJ was awarded this grant for a second time, extending the initial program another three years. RISE serves individuals ages 14-35 through the northern counties of New Jersey: Bergen, Passaic, Morris, Warren, and Sussex. RISE provides comprehensive care coordination and recovery support services.

Hospital & Community Services

The Hospital & Community Services Division collaborates with various Bergen County entities, including the **Housing Authority, the Prosecutor's Office, and Bergen New Bridge Medical Center.** Together, we address the diverse needs of the populations we serve, providing complex case management for issues like ER overuse, hospitalization rates, homelessness, justice involvement, mental illness, and addiction. We aim to combat social injustices and improve care by addressing social determinants in a comprehensive and least restrictive manner.



Recidivism reduction project percentages

83% reduction in recidivism for 70 individuals monitored

Recidivism project-hospitalization costs during engagement

Hospitalization Cost prior to HD engagement—\$4,212,000

Hospitalization Cost during engagement—\$869,500

Recidivism project-cost savings

Cost savings for high users of the acute care system—\$3,342,500

THE PSYCHIATRIC EMERGENCY SCREENING PROGRAM (PESP)

Collaborating with law enforcement, hospitals, mental health providers, and collateral sources, PESP conducts comprehensive mental health assessments to determine the most appropriate intervention in the least restrictive setting.



PESP manages the **24-hour crisis hotline (262-HELP)** and offers mobile crisis response, diversion, and stabilization services for those experiencing acute psychiatric symptoms in Bergen County, adhering to the **NJ Screening Law.**

KEY OUTCOMES

2,089
Individuals
Served

33,487
Crisis
Calls

940
Individuals Receiving
Off-Site Services

86
Individuals
Successfully
Discharged
from Extended Crisis Eval Beds

43
Individuals Screened &
Diverted from the ER
(Youth & Adults)

Hospital & Community Services

CROSSROADS TO WELLNESS

Crossroads to Wellness is a short-term outpatient program offering rapid access to comprehensive and intensive services with a focus on self-directed wellness and recovery for adults with acute mental health needs. It supports adults transitioning from inpatient settings back into the community and aims to prevent hospitalization.

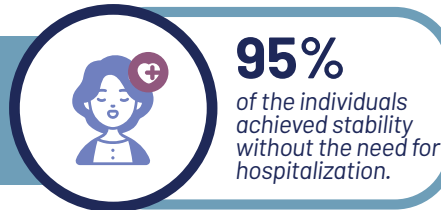
KEY OUTCOMES



KOREAN AMERICAN OUTREACH SERVICES

The Korean American Outreach Services program exemplifies our commitment to tailoring services to specific communities. It offers linguistically and culturally appropriate support to Bergen County's Korean-American residents, who account for about **70% of New Jersey's Korean population**. Strong community relationships and education are vital components in reducing stigma and treatment barriers.

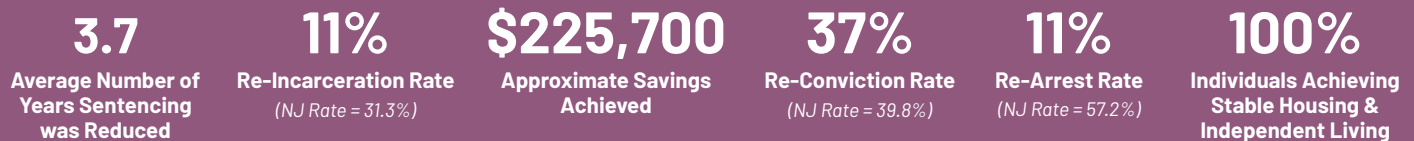
KEY OUTCOMES



TRANSITION SERVICES

The Transition Services program aids recently incarcerated individuals with mental illness in reintegrating into the community upon release by connecting them to a range of support services for recovery and community re-entry.

KEY OUTCOMES



PATHWAYS TO RECOVERY

In March 2022, **CarePlus NJ** was awarded a **\$525,000** one-year grant from the **New Jersey Department of Labor and Workforce Development** to launch **Pathways to Recovery**, a program tailored for adults impacted by the opioid crisis in northern New Jersey. What's unique about PTR is that it's open to anyone affected by opioid misuse, including friends of individuals with **Substance Use Disorder** who may have missed work or lost jobs while providing care and support. This program underscores our commitment to addressing the entire community, recognizing that these issues impact not just individuals but the whole community and their families.

Children & Family Services

The Children & Family Services Division stabilizes families and communities, including reuniting families, offering prenatal care linkage, and developmental screenings. These services address prevention, early intervention, and crisis stabilization for youth and families. As the pandemic progressed, the demand for these vital services surged amid a mental health crisis, particularly for children and adolescents. **CarePlus NJ** offers age-specific services to support these young individuals, ensuring they reach developmental milestones during their formative years.

Children's Mobile Response and Stabilization Services (CMRSS) offers 24/7 crisis intervention and stabilization for youth in Bergen County. It focuses on maintaining children in safe and stable living arrangements while improving family relationships and addressing stress areas.

In FY 2022, CMRSS served a record **2,752 youth**, marking a **9% increase** from our previous highest year in FY 2019.

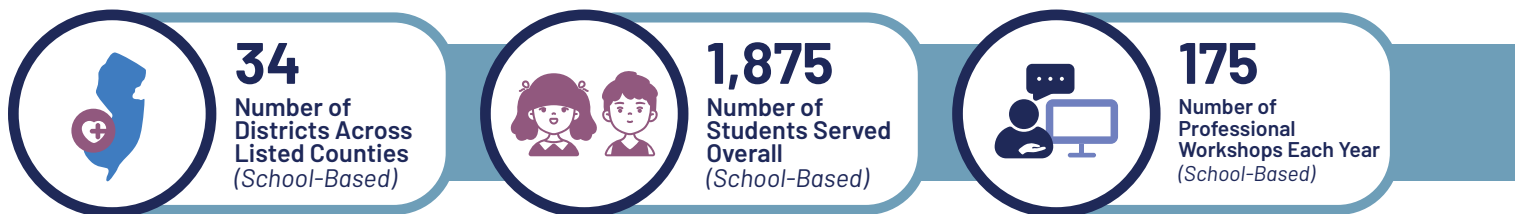
Bergen County Council for Young Children (BCCYC)

is a community project funded by a competitive grant opportunity from the **New Jersey Department of Children and Families**. BCCYC engaged over 40 parents in high-need

communities through virtual and in-person programs on budgeting, nutrition, and education, collaborating with **Family Success Centers** and the **Office for Children** to connect parents with community services.



Our School-Based Services offer tailored mental health support to students, families, and schools in northern New Jersey. We provide on-site counseling, care coordination, community outreach, skill development groups, school clearances, and access to our full range of integrated care and social support services. The demand for these crucial programs has risen due to the widespread impact of the COVID-19 pandemic on students of all ages and backgrounds and the subsequent youth mental health crisis.



Children & Family Services

HEALTHY FAMILIES

Healthy Families is a voluntary home-based program that supports and educates new parents to promote healthy families. It connects parents with in-home education and supportive services to enhance positive childhood outcomes and family functioning. **Healthy Families** served **137 families** in Bergen and Hudson counties, offering both in-person and virtual services to meet concrete service needs like diaper referrals, clothing, and rental/utility assistance. The staff also assists parents in gaining employment, stabilizing housing, accessing mental health services, SNAP benefits, and facilitating developmental screenings and early intervention program referrals when necessary.



KEY HEALTHY FAMILIES OUTCOMES



74%
% Of Prenatal
Care Visits
(Combined Bergen &
Hudson Counties)



100%
% Of Post-
partum Visits
(Combined Bergen &
Hudson Counties)

ADOLESCENT PROGRAMS SUPPORT SUCCESSFUL TRANSITION TO ADULTHOOD

CarePlus NJ provides a diverse range of programs for "aging out youth" aged 15-22, designed to address their specific vulnerabilities and challenges during the transition to adulthood.

CarePlus NJ secured a **\$2.2 million award** from the **Department of Children and Families** for a three-year pilot project serving youth ages 17-22. This program is launched in partnership with **Youth Villages**, a national leader in children's mental and behavioral health. Our service area includes youth residing in Bergen, Essex, Hudson, Morris, and Passaic counties.

Trauma Services

CarePlus NJ operates dedicated programs to address trauma in both adults and children, offering comprehensive mental health services, assessments, prevention strategies, and training to identify trauma and increase positive outcomes.

TRAUMA RECOVERY CENTER

The Trauma Recovery Center (TRC) facilitates healing by providing comprehensive mental health services for Bergen County youth and adults who are survivors of violent crimes. In addition to emotional and physical pain, survivors often need continued medical care, access to social services and housing assistance, and help navigating the criminal justice process. The TRC provides treatment and support services to address these needs, with the ultimate goal of helping victims heal, recover, and regain control over their lives. Through a grant from the **Office of the Attorney General**, **CarePlus NJ** served **202 individuals** victimized by violent crime.

BERGEN TRAUMA TREATMENT CENTER

CarePlus NJ provides expert professional development training by licensed clinicians on various trauma-informed care topics directly related to youth and families. Workshops were also available for school staff, students, and parents. The program aims to screen all youth for traumatic stress and link them to trauma informed care, while concurrently enhancing the skillset of youth-serving providers.



2,311
of Youth
Screened



397
of Youth Connected
to Treatment



1,456
of Clinical
Staff Trained



724
of Non-Clinical
Staff Trained

TRAUMATIC LOSS COALITION

CarePlus NJ heads Bergen County's **Traumatic Loss Coalition**, aiding communities impacted by events like homicide, illness, and suicide. Part of a statewide network, **CarePlus NJ** offers training, consultation, on-site traumatic loss response, and technical assistance to prevent suicide and foster hope, healing, and resilience after such events.



15
Traumatic Loss
Responses from
School or
Communities

Consultation & Education

During the wake of COVID-19, the **Inclusion, Diversity, Equity & Action (IDEA) Committee** was created to build a culture of equity, inclusion and respect with our employees and the communities we serve. The **IDEA Committee** actively fosters an environment of cultural competency through staff and community training, while promoting social justice through education and advocacy.



Through the efforts of the **IDEA Committee**, internal training opportunities for staff have been enhanced and expanded to address key topics, creating a more inclusive environment for all of our team. Additionally, **Diversity, Equity, Inclusion and Belonging (DEI&B)** have been embedded into all our trainings.



222
Individuals
Attended
Educational/Speaker
Series Trainings



400+
Staff
Members
Trained in
DEI&B



485
Staff
Members
Risk Assessment &
Crisis Intervention



230+
Individuals
Trained
In LGBTQ+
Inclusion

MENTAL HEALTH AWARENESS TRAINING (MHAT)

In 2021, **CarePlus NJ** was awarded the **Mental Health Awareness Training Initiative** grant totaling **\$625,000** over five years. This county-wide initiative broadens specialized training for school personnel, first responders, law enforcement, veterans, and armed services members, focusing on training law enforcement and first responders.



264
Individuals
Trained



900
Referrals to Mental
Health & Supportive
Services

CRISIS INTERVENTION TEAM (CIT) TRAINING

CIT is an innovative national police model that incorporates collaboration between the community's law enforcement and mental health systems to respond to the needs of those in psychiatric crises. This partnership develops and sustains a 40-hour certification program for its police departments and mental health providers, in order to provide them with knowledge about mental illness, crisis resolution skills, and access to community-based services.



School-Based Services

STOP SCHOOL VIOLENCE PROGRAM

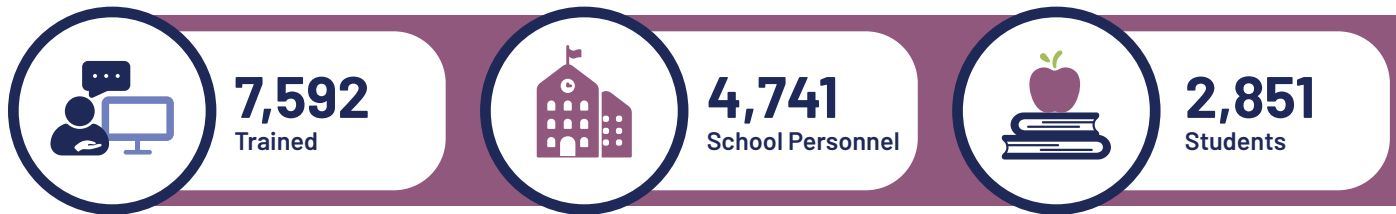
The **STOP School Violence Program** utilizes research from the **US Secret Service's National Threat Assessment Center** to train school personnel and students in evidence-based violence prevention. This training includes risk assessment, recognizing warning signs, addressing trauma, and assisting students in mental health crises. During the pandemic, we offered open support sessions to staff in Bergen County school districts. In September 2022, we conducted virtual training sessions for **400 participants from 23 districts** on:

1. Youth Mental Health
2. Mitigating the Psychological Impact of Crisis
3. Building an Assessment Care Team



This program is provided in partnership with the **Bergen County Prosecutor's Office**.

STOP SCHOOL VIOLENCE TRAININGS



SCHOOL CLEARANCE

School districts may mandate a clearance letter for students returning to school post-incidents posing potential risks to self, others, or property.

CarePlus NJ offers assessments by licensed clinicians, with appointments in 24-48 hours, and provides recommendations for follow-up services, including immediate school support planning calls and direct linkages to support services.



379
School Clearances

School-Based Services

PARADIGM THERAPEUTIC DAY SCHOOL

Paradigm Therapeutic Day School, a **CarePlus NJ** subsidiary, serves students needing a more emotionally supportive environment. Our mission is to inspire and empower students, ages 14-21, with emotional disabilities, helping them reach their life goals. As a **Department of Education**-approved private school, **Paradigm** offers unique therapeutic support not usually found in schools. With strong community ties and a holistic approach to education and wellness, we meet the needs of students and families in today's challenging environment.



42
students
enrolled during the
2021-2022 school year
(25% increase in
enrollment)

Paradigm Therapeutic Day School graduation ceremony on June 18, 2022.

CarePlus Workforce Solutions

CarePlus Workforce Solutions (CPWS) is a non-profit social enterprise focused on mental health care, providing employment and training opportunities for disabled and economically disadvantaged individuals through various products and services to individual customers and businesses.

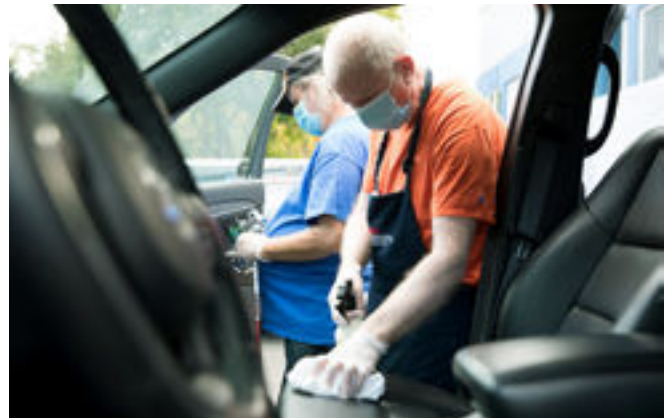


During the early stages of the pandemic, janitorial and laundry services were designated essential work activities, classifying our janitorial and laundry employees as essential workers. They continued to work diligently, providing disinfecting and cleaning services across all **CarePlus NJ** sites and expanding their services to disinfecting the agency's vehicles and creating car disinfectant kits.

The laundry division maintained its operations with various sites and expanded services to **Paramus Park Mall**. Our janitorial staff stands ready for emergencies or outbreaks. Our marketing efforts have expanded our laundry service to multiple counties and companies.

With the help of PPP loans, **CarePlus Workforce Solutions** maintained employee payroll and provided work opportunities to those in need.

Due to the closure of many offices and the prevalence of remote work, **CarePlus Laser Imaging (CPLI)** sales declined. With support from the CPWS Board, we enhanced our e-commerce capabilities, appointed a social media specialist to boost online sales, and strengthened marketing efforts.



FY 2022



CarePlus Foundation



The **CarePlus Foundation** aims to raise resources to enhance **CarePlus NJ** programs, boost community awareness, and help individuals and families achieve their full potential and improve their lives.

Through the help of generous donors and grants, the **CarePlus Foundation** can offer additional financial assistance for essentials for those in need, including:

- Essential medication management for mental illness and addiction
- Support for rent and utility bills to avoid eviction and homelessness
- Grocery and personal care support for those in services and our staff
- Access to therapeutic support for children & families
- Educational and professional scholarships
- Basic technology needed to maintain a connection



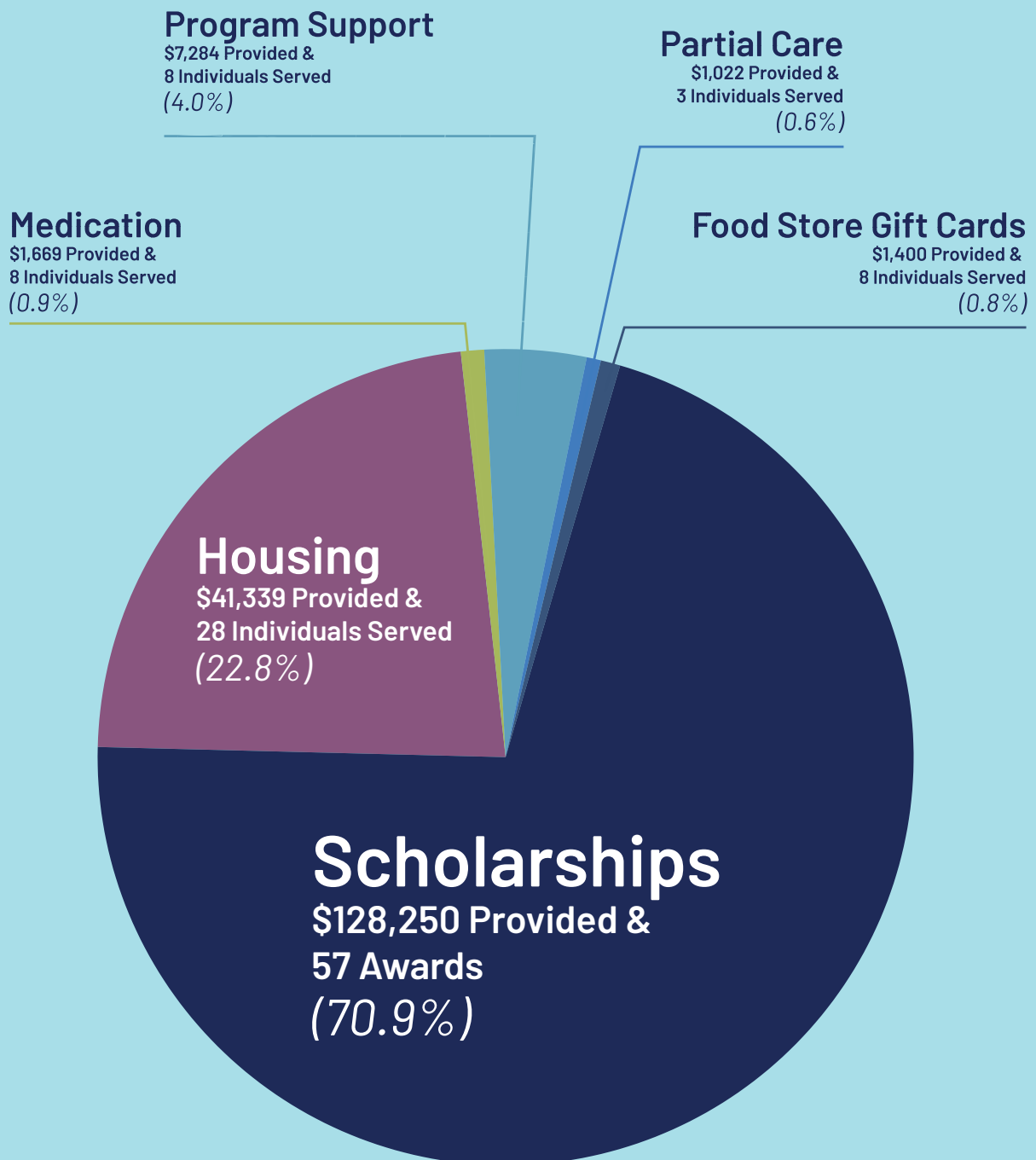
CarePlus Foundation

The **CarePlus Foundation** provided assistance to more than **110 individuals**, children, and families, exceeding over **\$180,000 in funds** provided.

ASSISTANCE PROVIDED BY CATEGORY

110 Individuals

\$180,000+ Provided



Success Stories

QUOTES FROM OUR COMMUNITY

"I have enjoyed working with everyone at CarePlus NJ. The help for the kids has been great and the counseling services for myself as a parent also great."

- Satisfaction Survey

"The CarePlus NJ Family Support Center's support made me feel understood and supported during a challenging time. Thank you for making me feel like I matter."

- Anonymous

"No matter what time of day or night I called my case manager, she always responded and tried her best to help me in every way she could."

- Anonymous



REBECCA'S STORY

Rebecca is a young woman who received services at **CarePlus NJ** for many years, and has been awarded a Foundation Scholarship for three consecutive years. Her tumultuous childhood included divorce, adversity, addiction, and violence. Rebecca spent years in another agency trying therapist after therapist with no success. In a final attempt to seek help, she found **CarePlus NJ**. At **CarePlus NJ**, Rebecca finally felt connected compassionate and effective care. From starting small with addressing her anxiety to initiating difficult trauma work, Rebecca now feels she can move forward and sees the possibility for a successful future.

"My therapists were invested in my recovery success as if they were their own. Along with receiving weekly outpatient therapy, I also joined several support groups."



MICHELINA'S STORY

At this time last year, Michelina was 18 years old, seven months pregnant, and living in her car. Fortunately, Michelina met one of our long-time employees who quickly made calls and activated both **CarePlus Foundation** and various program staff at **CarePlus NJ** to provide grocery gift cards, medication support, counseling, and housing assistance.

As Michelina said, these services "changed her life!" With this combination of financial assistance from the **CarePlus Foundation** and programming from **CarePlus NJ**, Michelina was able to secure an apartment and a brighter, healthier future for herself and her infant son.

"Everyone allowed me to have a second chance at life and I am forever thankful for what you've done. You've reminded me that there are good people in this world and I'm blessed to have encountered you."



In Memoriam

REMEMBERING AMOYA AND DELTON BROWN

The **CarePlus NJ** family continues to grieve the loss of **Amoya Brown and her husband, Delton.**

In honor of their life of service together and to keep their memory alive, the **CarePlus Foundation** has established the **“Amoya and Delton Brown Program Support Fund.”** In line with the **CarePlus Foundation's** mission to support the programs and services of **CarePlus NJ**, this fund will provide direct funding to programs and staff. This gesture will stand as an ongoing acknowledgment of the mark that Amoya and Delton made in their lives, not only at **CarePlus NJ** but also in the greater community.

May Amoya and Delton rest in peace, and may their family and friends find comfort and solace in the community they so loved.



REMEMBERING RONALD W. WEAVER

The **CarePlus NJ** community is saddened by the passing of **Ronald W. Weaver, Courage Award** recipient and longtime supporter of **CarePlus**. Ron was a lifelong New Jersey resident and Vietnam veteran who served our country from June 1968 to June 1969. He was a lifetime member of the **Vietnam Veterans Association** and served as a squad leader Sergeant in the **199th Light Infantry Brigade**.



After being discharged from the Army, Ron started his own locksmith service company. In 1974, he founded what is today **Accredited Lock Supply** in his home town of Secaucus. A family business where his wife Pam and children worked along with him on a daily basis, Accredited has become the largest single-location locksmith supply distributor in the United States. Ron was introduced to the **CarePlus NJ** family by his good friend and fellow Vietnam veteran, **Dr. Henry Velez**. In an effort to raise funds, the idea of an annual golf outing was presented. With his dear friend **Dominick Gargano**, Ron ran with that idea and, since then, the Foundation has held 12 successful **Golfers Give Back Golf Outings**. Ron's family continues to keep his legacy alive by meaningfully participating and contributing to the **CarePlus Foundation**.



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